

TAX INVOICE/REG FORM

ABN: 73 083 230 380 prices include GST

Please register me for the Jeffrey Zeig training

EARLY BIRD REGISTRATION

received no later than **Friday 24th June 2005**

- A\$305 Current *individual* subscribers to PIA*
 A\$325 Non-subscribers

* *Psychotherapy in Australia Journal*

REGULAR REGISTRATION

received after Friday 1st April 2005

- A\$345 Current *individual* subscribers to PIA*
 A\$365 Non-subscribers

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CANCELLATION POLICY

please read carefully

Cancellations must be received in writing to PsychOz Publications. Refunds (less a A\$50.00 administration fee) are given for cancellations received by 5.00p.m. Thursday July 21st 2005. Please note that **no** refunds are possible after this date, regardless of personal circumstances. However, registrations are transferable to another person on notification to PsychOz Publications.

Group Bookings

a 10% discount is offered to organisations who register three or more people.

Please Note

one day registrations are not possible.

Professional Development Points

Professional Development Certificates will be supplied detailing hours of training, qualifications of trainer and content of training.

Mail registrations to: PsychOz Publications
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FURTHER ENQUIRIES

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www.psychotherapy.com.au



Couples in Conflict Resolving Ties that Bind

a two-day training with

Jeffrey K. Zeig

- **MELBOURNE** Thurs 4 & Fri 5 August 2005
Leonda by the Yarra, Hawthorn
- **SYDNEY** Mon 8 & Tues 9 August 2005
Sydney Harbour Marriott Hotel
- **BRISBANE** Thurs 11 & Fri 12 August 2005
Wanganui Rivers Gardens, Yeronga
- **TOWNSVILLE** Mon 15 & Tues 16 August 2005
Seagulls Resort

9.00a.m. to 5.00p.m.

TRAINING DESCRIPTION

Challenging, resistant couples requires therapists to develop sophisticated methods of assessment and intervention. Therapists who actively address their own professional and personal development are best equipped to deal with the most difficult couples. This unique program offers attendees a two-day training format in which to pursue either or both these goals.

TEACHING AND LEARNING OBJECTIVES

During the training, participants will learn to:

- devise exercises to address specific clinical issues with couples
- provide a rationale for using experiential treatment methods
- describe three professional strengths/weaknesses and identify self-improvement exercises
- use an action assessment to create a treatment plan
- list three ways to utilise the power of the marital system
- describe how to 'process' an intervention to facilitate its effectiveness
- demonstrate a working knowledge of concepts and interventions used by Whitaker, Erickson and other acknowledged masters.
- utilise training techniques employed in this program to increase your clinical awareness, sensitivity and skills.
- shorten treatment time and increase adherence/compliance by making the process of couple therapy more enjoyable to everyone involved.

PROGRAMME

Day One

Learn to DO effective therapy with resistant couples

Promote change through experiential models. Use action-based assessment to create a treatment plan. Learn advanced techniques for faster and more enduring change. Combine the latest methods from Ericksonian, Strategic, Gestalt and Experiential approaches. Live demonstrations and role-playing will complement lecture and case presentations.

Morning Session

THE M.A.T.E. Model

- The model and its assumptions
- Therapeutic pitfalls with the difficult couple
- Case examples

AN ACTION ASSESSMENT

- Speaking the couple's experiential language
- Marital Types: determine the couple's posture and create a treatment plan
- Role-playing examples of couple types
- Designing effective interventions

Afternoon Session

TECHNIQUES AND HEURISTICS

- Eliciting Change: progress through process
- Advanced intervention strategies
- Fulcrums of change: where/when to apply leverage

DEMONSTRATIONS AND ROLE PLAYS

- Hands-on practice
- Learn by modelling
- Learn by doing

Day Two

Learn how to BE an effective therapist with resistant couples

Modelling master clinicians such as Milton Erickson and Carl Whitaker, you will learn how spontaneity and discipline merge to form the foundation of creative and effective clinical work. Group hypnosis and growth games are integral to this systemic experiential training. Exercises used for clinician development apply readily to couples therapy in order to shorten treatment and make therapy fun for both clients and clinicians.

Morning Session

THE S.T.A.T.E. Model

- An overview of experiential evolution
- Countering countertransference
- A meta-model of intervention and application to difficult couples
- Choice points in therapy

DEVELOPING LENSES - METHODS OF VIEWING

- Demonstration and practice
- Experiential techniques for Over-engaged and Dis-engaged couples
- Use enactments and experiments to promote change
- Maximise and maintain therapeutic gains

Afternoon Session

DEVELOPING MUSCLES - METHODS OF DOING

- Demonstration and practice
- Utilise the marital system and harness resistance

DEVELOPING HEART OF THE CLINICIAN -COMPASSION

- Demonstration and practice
- Therapist flexibility as an instrument for change

ABOUT JEFFREY K. ZEIG Ph.D.

JEFFREY K. ZEIG is Founder and Director of The Milton H. Erickson Foundation, Inc. He has edited, coedited, authored, or his work is the subject of 18 professional books and five monographs covering Ericksonian psychotherapy, hypnosis, brief therapy and eclectic psychotherapy.

Dr. Zeig is the architect of the Brief Therapy and the Evolution of Psychotherapy Conferences. He is organizer of the eight International Congresses on Ericksonian Approaches to Hypnosis and Psychotherapy.

Dr. Zeig is on the Editorial Board of a number of journals and is Fellow of the American Psychological Association (Division 29, Psychotherapy), Fellow and Approved Consultant for the American Society of Clinical Hypnosis, and an Approved Supervisor of the American Association for Marriage and Family Therapy. He conducts workshops internationally (more than 30 countries) and primarily teaches Ericksonian approaches.

Acclaim for Jeffrey K. Zeig

'Jeffrey Zeig has been the driving force behind many of the most important changes in the way modern hypnosis is applied in therapy and, indeed, how therapy is done more briefly and successfully. He is a superb teacher who creates a powerful context for developing greater clinical skills.'

Michael D. Yapko, Ph.D. Author of 'Breaking the Patterns of Depression' and 'Hand-Me-Down Blues'.