

Organizers:



Hong Kong Psycho-Hypnotherapy Foundation



Pulse Act Consulting Limited

DR. JEFFREY K. ZEIG ON ERICKSONIAN PSYCHOTHERAPY

Workshop 1: 13 November 2010 (Sat) 9:30am – 5pm

Handling Depression through Ericksonian Psychotherapy

- Characteristics of Depression: Patterns, phenomenology, physiology and process
- How to utilize Ericksonian Psychotherapy to alter depression
- How to elicit changes in “states”
- Multi-level interventions in Ericksonian Psychotherapy, for examples, tasks, metaphors, and anecdotes.
- Live demonstration and practice exercises.

Workshop 2: 14 November 2010 (Sun) 9:30am – 5pm

Fostering Resilience and Handling Resistance: The Utilization of Paradox, Arousal Methods, and Metaphoric Techniques in Ericksonian Psychotherapy

- How do clients access their “resilience” and show “resistance”? (implicit patterns of responses)
- What are paradoxical, metaphoric, and arousal techniques?
- How to utilize paradoxical, metaphoric, and arousal techniques for resilience and resistance
- Utilization of hypnotic language/ metaphors/ client dynamics/worker-client relationship patterns
- Live demonstration and practice exercises.

Trainer:

Dr. Jeffrey K. Zeig

Jeffrey K. Zeig, Ph.D. is the Founder and Director of the Milton H. Erickson Foundation. He has edited, co-edited, authored or co-authored more than 20 books on psychotherapy that appear in eleven foreign languages.

Dr. Zeig is the architect of The Evolution of Psychotherapy Conferences, considered the most important conferences in the history of psychotherapy. He organizes the Brief Therapy Conferences, the Couples Conferences, and the International Congresses on Ericksonian Approaches to Hypnosis and Psychotherapy. Dr. Zeig is on the Editorial Board of numerous journals; is a Fellow of the American Psychological Association (Division 29, Psychotherapy); and Fellow of the American Society of Clinical Hypnosis. He is a Distinguished Practitioner in the National Academy of Practice in Psychology of the National Academies of Practice.

Dr. Zeig is an Approved Supervisor of the American Association for Marriage and Family Therapy, a Clinical Member of the International Transactional Analysis Association (1974-1985), and an Adjunct Assistant Professor of Clinical Psychology at Arizona State University (1988-1992).

A psychologist and marriage and family therapist in private practice in Phoenix, Arizona, Dr. Zeig conducts workshops internationally (40 countries). Dr. Zeig speaks at major universities and teaching hospitals including The Mayo Clinic, Menningers and MD Anderson. He is president of Zeig, Tucker & Theisen, Inc., publishers in the behavioral sciences.

Ms. Lilian Borges Zeig

Ms. Lilian Borges Zeig, MA, LAC, is the director of the Milton Erickson Institute in Brazil. She is an invited teacher at the Milton Erickson Foundation for the training program they run three times a year. She is an experienced teacher and practitioner of hypnosis and brief therapy, and conducts seminars in the US and other countries including Spain, Mexico, France, Italy, Hong Kong, Singapore, Taiwan, Canada, and Brazil. Lilian is a licensed psychotherapist both in Brazil and the US. She currently works with the severe mentally ill in Arizona, USA where she treats people with chronic suicidality and self-harming behaviors.

Fee:

HK\$1,200 per workshop (Early bird before 6 August 2010)

HK\$1,500 per workshop (Regular)

Note:

1. For enquiry, please contact Dr. Kelvin Tang at 2317 1317.
2. The training venue will be easily accessible at town centre.
3. Participants preferably with training in counseling, social work, psychology, health, and mental health related professionals.
4. We reserve the right to modify the program and reject an enrollee. If the typhoon signal no. 8 or above, or the black rainstorm signal occurs, the workshop will be cancelled.

Dr. Jeffrey K. Zeig on Ericksonian Psychotherapy

Enrolment Form

I would like to attend:

☐ Workshop 1 ☐ Workshop 2

Payment of HK\$_____ Cheque No.:_____ Bank_____

Title: ☐ Dr. ☐ Mr. ☐ Miss

Name: (English)_____ (Chinese)_____

Occupation/profession_____

Organization_____

Address_____

Tel_____ Mobile_____

Email_____

Please send the enrolment form together with a cheque to:

Pulse Act Consulting Limited

Unit B, 3/F., Lee May Building, 788-790 Nathan Road, Kowloon (Cheque should be made payable to “Pulse Act Consulting Limited”)

Email: kelvin@pulseact.com Website: www.pulseact.com